

Recently the Home Office published its Serious Violence Strategy to prevent young people equipping themselves with weapons, new figures reveal knife crime in Norfolk has tripled since 2013.

Norfolk Constabulary recorded 269 crimes in which knives were used between October 2016 and September 2017, an increase of 186pc on the same period in 2012-13.

Violent crime associated with drugs has been a focus for Norfolk Constabulary since November 2016, when it declared a critical incident in response to a number of stabbings county-wide.

Knife crimes in Norfolk

	Oct 12- Sep 13	Oct 13- Sep 14	Oct 14- Sep 15	Oct 15- Sep 16	Oct 16- Sept 17
Rape	2	0	1	2	1
Sexual Assault	0	0	0	0	1
Attempted murder	1	0	2	0	3
Homicide	0	2	1	2	3
Threats to Kill	4	3	11	43	41
Robbery	24	29	29	46	74
Assault with injury and assault with intent to cause serious harm	63	47	70	134	146
TOTAL	94	81	114	227	269

Eastern Daily Press - 12 April, 2018

Introduction to Knife Crime

Anyone holding a knife has a tremendous advantage over you, assuming you are not armed. But there are conceptual survival knife attack defence processes that can help your chances of surviving a knife attack, and only help, not complete as the variables are so vast. There is a lot of misinformation on the subject surrounding knife defence training due to the lack of real experience.

With these statistics you need to learn how to defend yourself against the most common of edged weapons attacks, that is someone that is not trained in the art of knife fighting. So the problem is that there are many misconceptions with regards to attackers using knives or edged weapons, and that is their ability to use the weapon professionally, now most martial artists that learn weapons will have a moral, ethical and social respect for human life and to be honest if they were professionals you will most probably not see the knife at all. Another misconception is that attackers don't walk the streets with the knives out in the open and in their hands; they normally have them concealed, until they are ready to use them.