

ESKA KATA COMPETITION RULES

INDIVIDUAL KATA (Heian Katas and Tekki Shodan Only)

This event will use a flag system (3-5 judges) for both the elimination rounds and the final, judges will select Heian kata's for the competitors to perform. You will be scored on form, power, transition and the ability to return to your start point at the end of the kata (enbusen). We will eliminate each group down to the last two for the final, the unsuccessful semi finalists will play off against each other for 3rd place.

INDIVIDUAL KATA (Tokui-Favourite Kata)

This event will use a scorecard system (3-5 judges) for both the elimination rounds and the final, when a competitor reaches the final a different kata from the elimination rounds will have to be performed. You will be scored on form, power, transition and the ability to return to your start point at the end of the kata (enbusen). We will eliminate each group down to the last four for the final, medals will be awarded for 1st, 2nd and 3rd place.

3 PERSON TEAM KATA / 2 PERSON PAIRS KATA

Teams of 3 (Team Kata) and teams of 2 (Pairs Kata) competitors perform their kata at the same time (own choice of kata). Teams can be same or mixed gender. We will eliminate each group down to the last four for the finals (depending on group size), medals will be awarded for 1st, 2nd and 3rd place. Score cards will be used (3-5 judges) for eliminations and finals. You will be scored on form, power, transition, timing, synchronization and the ability to return to your start point at the end of the kata (enbusen). Competitors will be allowed to repeat the same kata in eliminations and finals. Teams are allowed to include one competitor only from a lower grade category. Competitors are only allowed to compete in one team category.